



**“THERE ARE MANY MORE GRETA THUNBERGS  
IN OUR SCHOOL AND AFTERSCHOOL PROGRAMS  
WAITING TO BE DISCOVERED. WE NEED EVERY  
ONE OF THEM. IT’S UP TO US, THEIR TEACHERS,  
TO IDENTIFY, MOTIVATE AND SUPPORT THEM.”**  
**-HONIE ANN PEACOCK**

## TESTIMONIALS:

*“Some people believe it’s better to light one candle than to curse the darkness. Hon believes it’s better yet to create a warm glowing fire, sparked by a community of teachers and learners. When we tune into Hon’s Healthy Kitchen, we find practical, hands-on, empowering solutions to questions about a healthy diet, a healthy mindset and a healthier world.” - Jim Travisano*



*“Happy to be supportive of right relationships with the Rock we are living on. We all need to be partners with the Planet, not parasites. I hope your program is a springboard for more avenues to get these stories out to the people who need to hear and help toward healing the Planet.” - John M.*

*“My heartfelt congratulations!!! What you are doing is extraordinary!!! Joe Thompson is a wonderful speaker and teacher. I learned so much in the first episode alone and look forward to future episodes. I am eager to learn what I can do in my own backyard garden and to support scientists and other professionals in this critical field.” - Jeanne*



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## INTRODUCING HON'S POLLINATOR PALS:



**BART BEE**



**& THEIR FRIEND, ANITA AVOCADO**  
who depends on BART and BONNIE for her life!!



**BONNIE BUTTERFLY**





## PREFACE:

The Teacher's Guide organically grows from the combined efforts of Honie Ann Peacock, Creator and Producer of The Forest Forager Initiative {FFI} and its sister project Are We Really What We Eat?...Food for Thought {AWRWWE} and her Pilot Program partners.

School year '23-'24 Pilot Program Partners were: the CBI Forest School, its Education Director, Jill Clark, 1st grade students and classroom teacher Sarah Dwyer; and Elderberry Herbal Apothecary, and its Owner, Family NP and Herbalist, Jan Wolfe. Jan served as the FFI Teacher Specialist. The Pilot took place in Charlottesville, VA.

### **NATURE IS EVERYWHERE, YOU JUST HAVE TO LOOK**

In Charlottesville, Va., the site of the first FFI school partnership and like so many other communities, it is common to see wooded areas and houses with yards. Even so, many children live in neighborhoods more similar to urban areas. The FFI project is easily adaptable to urban areas because nature is everywhere. Maybe you can't go out easily and find birds' nests in nearby woods but there are often nearby amazing natural history museums with interactive exhibits. There are botanical gardens, neighborhood parks, community gardens, and more [look around and ask for what you need. You may be pleasantly surprised]. There are non-profit organizations of all stripes that can teach and help you in many ways – eg. master gardener groups, tree steward groups, soil and water, climate, Indigenous tribal groups and more.

There is a flurry of new plantings around trees on streets everywhere, in front of buildings including school buildings, and of course there are insects all around us [even the unwanted ones in your apartment LOL].